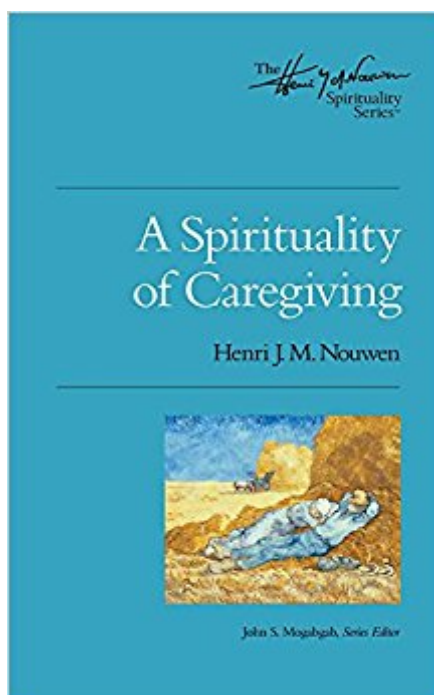


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# A Spirituality Of Caregiving (Henri Nouwen Spirituality)



## Synopsis

If you provide care for another person, whether you are a family member or a professional caregiver, you know that caregiving is hard, sometimes unappreciated work. But have you ever considered that it isn't easy to be the care receiver?

## Book Information

Series: Henri Nouwen Spirituality

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## Customer Reviews

For more information on the life and work of Henri J.M. Nouwen, please go to [HenriNouwen.org](http://HenriNouwen.org).

A Spirituality of Caregiving is an exquisite, poignant gathering of Henri Nouwen's reflections on the anguish and joys of providing care for one another. Emerging from the "trial by fire" of his own experience with those needing his intimate help, Nouwen delves deeply and honestly into the ambiguities of the caregiving experience -- the gifts as well as the enormous physical, emotional, and spiritual challenges. Through his own struggle, Nouwen came to understand that caregiving can be a call to mutual spiritual presence -- to a growth in love that provides "an opportunity for inner healing, liberation, and transformation for the one being cared for and for the one who cares." Both practical and inspiring, these reflections invite professional and private caregivers and care receivers to consider and explore a new view of caring -- one full of hope and promise, and, most of all, blessing!

I read this at a time when I caring for my aunt and it was a great choice to read then, It gave me a

wonderful perspective on how it felt to be the one that was being taken care of versus my role. I believe it gave my aunt (who has passed on July 24th) and I an even closer relationship. Great book.

This book was given to me as a gift and encouragement in my new role in life. It is beautifully written - a source of comfort and direction for one experiencing this part of life's journey.

Awesome book

Very well written and extremely helpful!

I enjoy this series of Nouwens writings.

This small book is filled with wisdom and compassion. It will be valued by everyone who truly cares for others. Each member of our Care Team at church has one now!

Any one who is a caregiver whether professional or as an individual looking after a spouse, parent or friend should read this book.

I bought this for a friend who is overloaded with several aspects of caregiving. Her words were, "It will be with me wherever I go."

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